

# London Highland Club

Dear members and friends,

I wanted to write to you in advance of our dance on October 2nd to let you know what we are doing to safeguard everyone against the Covid-19 virus.

We want you to come to our dance and enjoy yourself but only if you are not under a legal requirement to isolate or quarantine by a health professional or following overseas travel.

A welcome awaits you if you have had either 2 doses of the Covid vaccine more than 3 weeks ago or have a natural immunity from a previous infection. If not then a negative Covid test within the last 2 days prior to the event or you have no symptoms of Covid i.e. dry cough, high temperature, loss of taste or smell will do. Lastly you are welcome if you have had no contact with a known infected person within the last 3 days. Attendees who become unwell with symptoms of Covid-19 or who test positive within 10 days after a dance must inform the LHC immediately

We trust you to act in a responsible manner and not pose a risk to your fellow members and friends. Everyone must follow all signs and directions issued by the Church authorities and the LHC

We will ask you to record your individual attendance by name, membership number or telephone number in the register provided when you enter the hall. The register will be kept by the LHC for 21 days after the event and then destroyed

Payments for dance entry will be made with cash as usual

Attendees are advised to bring their own sanitiser and use it on arrival and frequently during the evening. A limited amount of sanitiser will be available in the dance hall. We also advise all our guests to wash and dry their hands frequently.

The LHC will not insist on medical masks, but dancers may wear one if they wish. Dancers can take hands if this is agreeable with other dancers.

Water and squash will be available but please retain your cup for personal use during the evening. If you bring your own cup or bottle, please use it and take it home with you. During the evening squash bottles and the water container will be sanitised and refilled regularly.

We regret that due to Covid-19 regulations on serving unwrapped food we will not be providing our usual refreshments during the interval. You are encouraged to bring your own refreshments.

We will provide a ventilated dance hall and hope that the limitations above will not impinge on your attendance or your enjoyment of the evening. We hope you will welcome Ian Muir from Prestwick together with 3 other band members and we understand that members and guests may be unused to dancing in the manner of 18 months ago so the programme has a mixture of familiar and more adventurous dances which we hope you will be able to do. Where necessary recaps will be given but we hope walk throughs are not needed so please do your homework on the programme.

Finally, we hope that this dance will be the safe resumption of dancing with the London Highland Club at Pont Street now and in the future and look forward to your continued support.

Peter Farrow

President